



NEWS

news from the trunk

Thursday, February 3rd 2011

New Connections

KAS Bazaar
Friday, February 4th, 2011 • 1-6pm



A Letter from the Principal, Susan Boutros

Dear Parents,

So many wonderful things are happening at our school, not just in the classroom but also outside of the classroom.

I was very happy to see so many of you at the family picnic last Saturday. It was a real pleasure talking to parents and sharing food while the children were playing. I would like to take this opportunity to thank the PTA for their hard work in building our community. I encourage all of you to take part in the upcoming and continuing events organized by the PTA.

This week students from Dr. Al-Sheikh Mustafa Al-Amin School, our neighboring school across the road, were invited to visit our school. We believe that this was a very rewarding experience for the students from both schools and we are looking forward to building a relationship between the schools.

Do not miss the Khartoum American School Bazaar this Friday, February 4th. There will be wonderful food, unique shopping as well as many fun activities for children and adults. You can come in your trainers, gym wear or comfortable clothes because there will be Zumba dancing / fitness at 4.00 PM for all the people who enjoy Latin Music.

Among all the wonderful things, there is also some sad news. Unfortunately we are losing a very valuable member of our staff, Ms. Coleen Komorowski. She is leaving us due to circumstances beyond her control. Ms. Coleen has been our college counselor for almost two years. With her superior knowledge of colleges, their academic programs, admission policies, and financial policies and procedures, she has helped our students find prestigious universities and colleges in many different countries. We wish Ms. Coleen a lot of success in all her future endeavors.

A Letter from the Elementary Principal, Ben Voborsky

It is great to be back in Khartoum and back at KAS. Walking around campus this week I witnessed a flurry of activities not only during the regular school day but after school as well. Teachers volunteer their time to coach and offer after school activities. It is great that our students are able to explore so many different subjects and enjoy a variety of experiences.

Continued in next column.....

Mr. Watkins, Mr. Al Rashid, Ms. Haseltine-Watkins, Mr. Idris and some of the amazing students from Dr. Al-Sheik Mustafa Al-Amin and Khartoum American Schools! Missing from the photo: Ms. Kelley

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With the combined effort of students, teachers and parents, we can continue to make our community a strong and successful one. If you feel there is something you can do to add to the schools growing list of activities please feel free to contact me at bvoborsky@krtams.org.

A quick reminder, please pick you child up at the appropriate time. Pick up time is at 2:15 or 3:00 if a student is involved in an activity. There should be no elementary students on campus after 3:15. There is no supervision after school, so please pick your child up in a timely fashion even if their older sibling is involved in an activity unless a parent is present.

New Connections

On Wednesday, January 26th, nine delightful students from our neighboring school, Dr. Al-Sheik Mustafa Al-Amin, were welcomed guests to KAS, joining the Grade 11 African Literature class for an hour of "getting to know you" pleasantries. The students came to KAS to meet students their age, to see how our English classes are conducted, to make new friends and to practice their already impressive English conversational skills!

This fortuitous opportunity for the schools to meet and build a positive relationship was envisaged by Mr. al Rashid, an English teacher at Dr. Al-Sheikh Mustafa Al-Amin School. The initial meeting was arranged through the good efforts of KAS Liaison Officer, Mr. Mirghani Idris, Mr. al Rashid, Ms. Tiffany Kelley and Ms. Haseltine – Watkins, KAS English teachers. Noting that it is now exam revision time for our new friends, it is hoped that when exams are over, Mr. Al Rashid and his students will become frequent visitors to KAS, as we look forward to the rich and rewarding exchange of learning and friendship.

Emotional Intelligence: It Can Matter More Than

There will be a presentation and discussion by Dave Zakem in the Preschool room on Tuesday, February 15, and repeated Wednesday, February 16, starting promptly at 7:30 PM.

Some of the areas to be covered include:

- Some current understandings of the role of emotions
- Understanding the cause and cure of irrational fears
- What are "gut feelings" and what do they mean



- How and why men and women are often different emotionally
- What children need to have good emotional development
- When the emotions are good or bad for learning
- The roots and dangers of stress
- Better understanding teens

The presentation is open to everyone: family, friends, and neighbors. There is something for everyone. There is no fee.

No childcare available.

Future Presentations:

Memory: March 7 (Monday) and March 8 (Tuesday).

New Understandings about Thinking and Learning: April 18 (Monday) and April 19 (Tuesday).

Arrangements can be made to repeat previous sessions for individuals or groups.

Learning Center

Inclusion is at the heart of the Learning Center's philosophy. We believe that all KAS students are capable of learning, and that students with various learning styles across all ability levels benefit from learning within in the same classroom. Because of the variety of learning styles at our school, it is important for teachers to use many teaching strategies, also known as differentiation. Teachers who successfully differentiate their lessons help students reach their full potential by providing the class with several ways of understanding class content.

Consider the following example. There is a class of 10 students. Two of the students have recently moved from abroad and are learning English. One student has difficulty reading, and another has poor eyesight. Some students are very quiet, while others can be very loud. In order to best serve this class, a teacher must differentiate his or her instruction in order to make sure that each student understands the information. One size does not fit all in education.

Differentiation is an important and integral part of KAS classrooms, and you can continue to help your children study at home by using some of the Learning Center's strategies.

Continued on back page.....



Dates to Remember

Thursday, February 3rd, 2011 at 3 pm	U11 Soccer Championship at KAS
Friday, February 4th, 2011 1-6pm	KAS Bazaar
Tuesday, February 22th, 2011 at 7pm	11th Grade College Night
Tuesday, February 22th, 2011 at 3pm	U14 and U18 Boys Soccer Championship at KAS
Wednesday, February 23th, 2011 at 11am	Early Dismissal
Wednesday, February 23th, 2011 at 3pm	U14 and U18 Girls Soccer Championship at KAS



Continued from previous page.....

- Read instructions to them while they follow along in the text to ensure understanding of the assignment.
- Have them read their completed work to you to check for mistakes.
- Draw diagrams for them to help with understanding.
- Turn off the TV, music, or any other distractions to ensure your student is focused on their studies.

Soccer News

On Monday, the U14 boys played against BES at home. The first half of the game was quite the battle between the schools with many shots taken on goal by KAS. Finally in the second half the KAS team wore out the goalie and scored three goals; two goals were scored by Elia Ayad (one from an assist from Yousef Al-Harbi) and Gontse Kgwete (with an assist by Elia Ayad). The final score had KAS beating BES 3-0.

Tuesday the U14 Boys played again at home, but this time against NVA. In this game there were numerous goals made by KAS; Yousef Al-Harbi was on fire and had 4 goals as well as one assist, Arif Abayazi scored one goal, his brother Amir Abayazi scored a goal, and Gontse Kgwete scored a goal. Lance Phillips did well playing goalie and created a shut-out for KAS. At the end of the game KAS came out victorious with a score of 7-0. Next week the team will play 2 games, first on Monday against BES and again on Tuesday against Unity. Both games are at home.

The U19 Boys played on Tuesday against BES at home. The match was well played by both teams. There were very few shots on goal throughout the game, but one shot did find the back of the net for BES and the final score found KAS with a loss 1-0 against BES. Next week the team will play at home against Unity in the final game before the semi-finals.

On Wednesday, the U14 Girls played against KICS at home. The team keeps improving each week and playing their best. This week was no different. Our stand outs this week were our goalies: Yara Salama and Mariam ElSanousi. Both girls did excellent in goal and made several saves as well in the game. Last time the girls played KICS the score was 5-0 this week the girls only lost 3-1 with a goal from Amna Al-Hammadi. Next week the girls will play at home against NVA on Wednesday, come out and support your U14 girls team!

The U19 Girls also played against KICS at home against KICS. The last time the girls met up the score was 7-2 in favor of KICS. This time KICS was not so lucky. The KAS team had been practicing hard the past two weeks and were hungry for some competition after the forfeit from BES the previous week. The team came out strong and the first one to score a goal was Iman El-Mahdi. KICS quickly tied it up with a goal of their own, but in the second half Lamease Phillips scored two goals to put KAS ahead 3-1 and the team never let KICS score again behind the goal keeping of Thabi

Kgwete. Great work girls! Next week the U19 girls will travel to KICS to play in a mini round robin with BES and KICS. GO GIRLS!

Next week the U19 girls will travel to KICS to play in a mini round robin with BES and KICS. GO GIRLS!

The U11 Boys will play in the Finals for soccer season today, Thursday, here at KAS. Come out and cheer the team on as they are currently in 1st place and only need 2 wins to secure their spot as Champions in the U11 soccer league. GO KAS!

Will you let anything hold you back from your dreams?

What do the following people have in common, besides being famous?

- Mark Spitz - Olympic Gold Medal holder in Swimming - American
- Kristi Yamaguchi - Olympic Gold Medal holder in Figure Skating - Japanese/American
- Haile Gebrelassie - Olympic Gold Medal holder in Marathon running - Ethiopian
- Dennis Rodman - Championship Basketball Player - American
- David Beckham - Championship Soccer Player - English
- Emmitt Smith - Championship American Football Player - American
- Sharron Donnelly - Champion Triathlete Competitor - Canadian
- Coolio - Grammy Award winning Singer and Songwriter - American
- Pink - Grammy Award winning Singer and Songwriter - American
- Kenny G - Grammy Award winning Saxophonist - American

All these people were diagnosed with asthma when they were children. All these people are world-class in their professions of athletics, singing, and music playing. None of them let their asthma hold them back from becoming whatever they wanted. Some of these people and many more with asthma have their asthma to thank for their success as it was due to the asthma that they trained in swimming, running, sports, singing, or playing a musical instrument. There are many people that have asthma and you can read their stories on the web site "Breathe Easy, Play Hard".

<http://www.breatheeasyplayhard.com/pg/jsp/general/asthmaallstars.jsp>

If you have asthma, talk with your parents and doctor to see what could help you control your asthma attacks or improve your lung capacity. You could be the next world class inspiration!